Home / Customer Service / Size Charts - Metric

PACKS & BAGS **ACCESSORIES** PROFESSIONAL % OUTLET % FOOTWEAR

SIZE CHARTS

MEN'S BOTTOM SIZE CHART WOMEN'S BOTTOM SIZE CHART MEN'S FOOTWEAR SIZE CHART WOMEN'S FOOTWEAR SIZE CHART MEN'S TOPS SIZE CHART WOMEN'S TOPS SIZE CHART

UNISEX FOOTWEAR SIZE CHART GLOVES SIZE CHART BELTS SIZE CHART HATS SIZE CHART SOCKS SIZE CHART

MEN'S BOTTOM SIZE GUIDE

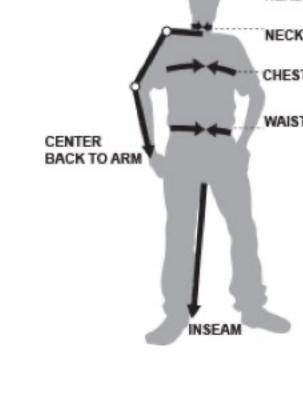
SIZE CHARTS	FIT GUIDE

CENTIMETERS INCHES

MEN'S BOTTOMS SIZE CHART

SIZE	XS	SMALL	MEDIUM	LARGE	XL	2XL	3XL
WAIST	61-66	71.1-76.2	81.3-86.4	91.4-96.5	101.6-106.7	111.8-116.8	121.9-127
Short (160 -171.5), Reg	gular (172.7 -184. <i>′</i>	1), Tall (185.4 - 190.5).					

SIZING INSTRUCTIONS



Utilize your waist measurement (where you wear your pants) for bottoms.

Using measuring tape, measure your body (not over clothing) and refer to diagram as a guide. If you

fall between sizes, order the smaller size for a tighter fit or the larger size for a looser fit.

ρ \<u>\</u>

Search

WOMEN'S BOTTOMS SIZE CHART

WOMEN'S BOTTOM SIZE GUIDE

FIT GUIDE

MEDIUM

8

73.7

100.3

10

76.2

102.9

SIZE CHART

SMALL

68.6

95.3

6

71.1

97.8

SIZE **NUMERIC SIZE** 0

Regular length = 75cm, Long length = 88cm.

XS

63.5

90.2

2

66

92.7

CENTIMETERS INCHES

WAIST

HIP

SIZING INSTRUCTIONS CENTER BACK TO ARM

Utilize your waist (smallest part) and hip measurements for bottoms; utilize your waist measurement (where you wear your pants) for belts.

fall between sizes, order the smaller size for a tighter fit or the larger size for a looser fit.

Using measuring tape, measure your body (not over clothing) and refer to diagram as a guide. If you

LARGE

14

83.8

110

12

80

106.7

XL

18

94

120.7

16

88.9

116

MEN'S FOOTWEAR SIZE GUIDE

MENS FOOTWEAR SIZE CHART US SIZE

UK SIZE		4.5	5.5	6	6	6.5	7	7.5	8	8.5	9	9.5	10	10.5	11	12.5	13	14
EU SIZE		37.5	38.5	39	40	40.5	41	42	42.5	43	44	44.5	45	45.5	46	47.5	48.5	49.5
FR SIZE	38	39	40	40.5	41	41.5	42	42.5	43	43.5	44	44.5	45	45.5	46	47	48	
CM (FOOT LENGTH)	22	23	24	24.5	25	25.5	26	26.5	27	27.5	28	28.5	29	29.5	30	31	32	33
Styles only available in regula	r.																	

SIZE CHART

WOMEN'S FOOTWEAR SIZE CHART

5

3.5

36

35

22

6

4.5

38

36

23

XS

33-34.3

76.2-81.3

81.9-83.2

US SIZE

UK SIZE

EU SIZE

FR SIZE

CM

SIZE

NECK

WOMEN'S FOOTWEAR SIZE GUIDE

7.5

8

6

6.5

5

38

36.5

23.5

SMALL

35.6-36.8

86.4-91.4

83.8-85

5.5

SIZE CHARTS

SIZE CHARTS FIT GUIDE

37	37.5	38	38.5	39	39.5	40	41
24	24.5	25	25.5	26	26.5	27	28

XL

43.1-44.4

116.8-121.9

89.5-90.8

8.5

6.5

40

9.5

7.5

2XL

45.7-47

127-132

91.4-92.7

9

41

11

10

44

3XL

48.3-49.5

137.1-142.2

93.3-94.6

XL

18

113

83.2

16

108

82.6

10

CENTIMETERS INCHES

MEN'S TOPS SIZE CHART

MEN'S TOPS SIZE GUIDE

MEDIUM LARGE

40.6-41.9

106.7-111.8

87.6-88.9

FIT GUIDE

92.7

78.7

95.3

79.4

38.1-39.3

96.5-101.6

85.7-87

CHEST **ARM LENGTH***

*Arm length refers to your actual arm length, not the garment's sleeve length.

CENTER BACK TO ARM

SIZING INSTRUCTIONS	
NECK CHEST	Using measuring tape, measure your body (not over clothing) and refer to diagram as a guide. If you fall between sizes, order the smaller size for a tighter fit or the larger size for a looser fit. For sleeve length, measure from the center of the top of your back to your wrist.
WAIST	Utilize your chest, arm length and neck measurements to determine the proper size for tops,

outerwear or jumpsuits.

WOMEN'S TOPS SIZE GUIDE

WOMEN'S TOPS SIZE CHART

CENTIMETERS INCHES

SIZE

CHEST

NUMERIC SIZE

XS **SMALL MEDIUM** 6 10

90.2

77.5

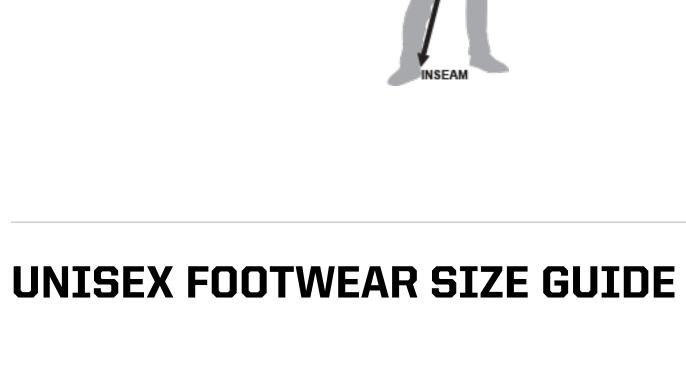
SIZE CHARTS

87.6

76.8

ARM LENGTH * *Arm length refers to your actual arm length, not the garment's sleeve length.

SIZING INSTRUCTIONS



Columns with dashes indicate sizes or half sizes that 5.11 does not carry.

CENTER BACK TO ARM

0

83

74.9

. CHEST

85.1

75.6

LARGE

14

102.9

81.3

12

99.1

80.6

Using measuring tape, measure your body (not over clothing) and refer to diagram as a guide. If you

fall between sizes, order the smaller size for a tighter fit or the larger size for a looser fit. For

Utilize your chest measurement to determine the proper size for tops, outerwear or jumpsuits.

sleeve length, measure from the center of the top of your back to your wrist.

WOMEN'S US SIZE 6 6.5 7 7.5 8 8.5 9 CM **MEN'S UK SIZE**

UNISEX FOOTWEAR CONVERSION

MEN'S US SIZE

WOMEN'S UK SIZE

MEN'S EU SIZE

CM

SIZE CHART

The columns in the Men's and Women's charts below line up to show corresponding sizes. Example: a Men's size 7 = Women's size 8.5

	WOMEN'S EU SIZE	36	-	37.5	38	38.5	39	40	40.5	41	42	42.5	-	44											
	CM	21.5	22	22.5	23	23.5	24	24.5	25	25.5	26	26.5	27	27.5	28	28.5	29	29.5	30	30.5	31	31.5	32	32.5	33
GLO\	GLOVES SIZE GUIDE																								
(GLOVES SIZE CH	ART																							
UNISEX SIZE						S		М				L				XL				2XL					
	UNISEX						78	mm			90m	ım			103m	nm			114	∙mm			1271	mm	

Measure across the palm of your hand from where your thumb and index meet.

XL

101cm - 106cm

2XL

111cm - 116cm

XL

19.05cm - 19.68cm

59.69cm - 61.59cm

10.5+

11.5+

7.5-10

8.5-11

3XL

121cm - 127cm

4XL

132cm - 137cm

XL+

20.00cm

62.54cm

L/XL

9.5-13

10.5+

BELTS SIZE CHART

MEASUREMENT

SIZE

SIZE

HAT SIZE

SIZING INSTRUCTIONS

BELTS SIZE GUIDE

XS

61cm - 66cm

S

71cm - 76cm

17.78cm - 18.09cm

55.88cm - 59.37cm

Men's

Women's

81cm - 86cm

S

<7

<8

HATS SIZE	GUIDE
HATS SIZE	CHARTS
A-FLEX SIZE	ONE SIZE FITS MOST

18.41cm - 19.68cm

57.78cm - 58.73cm

S/M

5.0-9.0

6.5-10

91cm - 96cm

SOCKS SIZE GUIDE

SOCKS SIZE CHART

MEASUREMENT

SIZE **US SIZE**

UK SIZE	Men's	<6	4.5-8.0	6.5-9	9.5+	8.5-13
	Women's	<6.5	5.0-9.0	7-9.5	10+	9.5+
EU SIZE	Men's	<40	37.5-43	40.5-45	44.5+	44-47
	Women's	<40	38-43	40.5-44	44+	44+

Trustpilot

Help Center Contact Us Order Status Size Charts Return Policy Warranty Shipping Info 5.11 Locations **Product Recall** Product Safety & Usage Information Cookie Consent

CUSTOMER SERVICE

COMPANY INFO About 5.11 Inc. Corporate Locations Store Locator Vendor Code of Conduct Privacy, Security & Terms

UK and EU Declaration of Conformity

Product Reviews

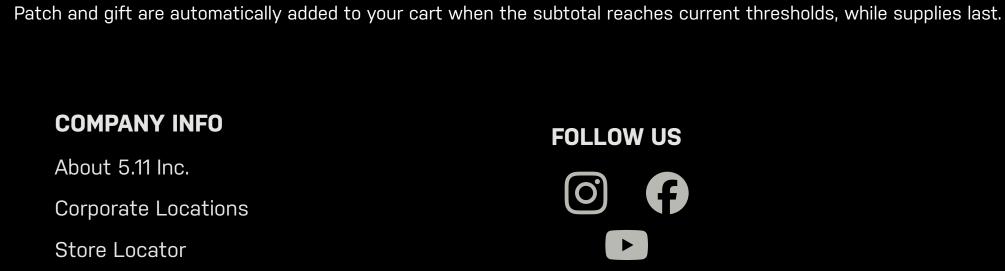
Sustainability

Impressum

FREE COLLECTIBLE PATCH

on orders €125+

<u>Current Patch of the Month</u>



FOLLOW US

0

FREE SHIPPING

on orders £80+

ALWAYS BE READY. make purposebuilt technical apparel, footwear, most demanding missions.

© 2025 5.11, Inc. All rights reserved.

who

and gear

for life's

Home / Customer Service / Size Charts - Metric

SIZE CHARTS

PACKS & BAGS

ACCESSORIES

PROFESSIONAL % OUTLET %

ρ <u></u> Search

121.9-127

SKINNY

MEN'S BOTTOM SIZE CHART WOMEN'S BOTTOM SIZE CHART MEN'S FOOTWEAR SIZE CHART WOMEN'S FOOTWEAR SIZE CHART MEN'S TOPS SIZE CHART WOMEN'S TOPS SIZE CHART

MEN'S

GLOVES SIZE CHART BELTS SIZE CHART HATS SIZE CHART SOCKS SIZE CHART

UNISEX FOOTWEAR SIZE CHART

MEN'S BOTTOM SIZE GUIDE

FIT GUIDE SIZE CHARTS

MEN'S BOTTOMS SIZE CHART CENTIMETERS INCHES

XS

SMALL MEDIUM LARGE WAIST 61-66 81.3-86.4 91.4-96.5 101.6-106.7 111.8-116.8 71.1-76.2 Short (160 -171.5), Regular (172.7 -184.1), Tall (185.4 - 190.5).

SIZE CHART

SIZING INSTRUCTIONS



fall between sizes, order the smaller size for a tighter fit or the larger size for a looser fit. Utilize your waist measurement (where you wear your pants) for bottoms.

Using measuring tape, measure your body (not over clothing) and refer to diagram as a guide. If you

FIT GUIDE

WOMEN'S BOTTOM SIZE GUIDE

WOMEN'S BOTTOMS FIT GUIDE TIGHTER

REGULAR STRAIGHT SLIM

Mid-rise with room to move. Straight Mid-rise with a straight fit from hip to Mid-rise with a slim fit through hip and Mid-rise with a skinny fit from hip to leg cut from knee to leg opening. thigh. Slight taper from knee to leg leg opening. opening. opening.

MENS FOOTWEAR SIZE CHART **US SIZE**

4.5

37.5

39

23

38

22

5.5

38.5

40

24

39

40.5

24.5

6.5

5

38

36.5

23.5

SMALL

35.6-36.8

86.4-91.4

UK SIZE

EU SIZE

FR SIZE

US SIZE

UK SIZE

EU SIZE

FR SIZE

CM

SIZE

CM (FOOT LENGTH)

Styles only available in regular.

MEN'S FOOTWEAR SIZE GUIDE

42.5 42

8.5

7.5

42.5

26.5

9

43

27

9.5

SIZE CHART

7.5

6.5

40.5

25.5

5.5

38

SIZE CHARTS

26

40

25

SIZE CHARTS

7.5

6

39

10.5 12.5 13 8.5 9 9.5 10 45.5 47.5 48.5 49.5 43 44.5 45 46 43.5 44.5 45.5 48 27.5 28.5 29.5 28 30 32 29 31

11.5

12

9.5

7.5

42

39.5

26.5

2XL

45.7-47

127-132

10

9

43

40

27

11

10

44

41

28

3XL

48.3-49.5

137.1-142.2

9

7

41

39

26

13

15

14

33

11

10.5

10

5

3.5

36

35

22

6

4.5

38

36

23

XS

33-34.3

HEAD

CHEST

WAIST

XS

2

85.1

75.6

0

83

74.9

*Arm length refers to your actual arm length, not the garment's sleeve length.

WOMEN'S FOOTWEAR SIZE CHART

WOMEN'S FOOTWEAR SIZE GUIDE

37.5 38 24.5 24 25

8

6

39

FIT GUIDE

LARGE

40.6-41.9

106.7-111.8

8.5

6.5

40

38.5

25.5

MEN'S TOPS SIZE CHART CENTIMETERS INCHES

MEN'S TOPS SIZE GUIDE

NECK CHEST 76.2-81.3

ARM LENGTH* 83.8-85 93.3-94.6 81.9-83.2 85.7-87 87.6-88.9 89.5-90.8 91.4-92.7 *Arm length refers to your actual arm length, not the garment's sleeve length. SIZING INSTRUCTIONS

outerwear or jumpsuits.

SIZE CHARTS

87.6

76.8

MEDIUM

38.1-39.3

96.5-101.6

WOMEN'S TOPS SIZE CHART

CENTIMETERS INCHES

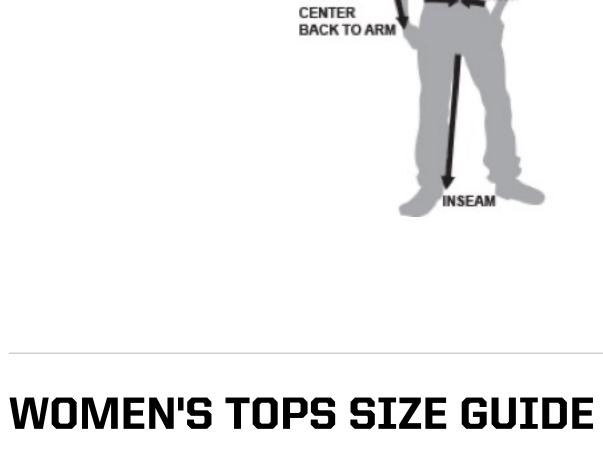
SIZE

CHEST

NUMERIC SIZE

ARM LENGTH *

SIZING INSTRUCTIONS



LARGE

14

102.9

81.3

12

99.1

80.6

Using measuring tape, measure your body (not over clothing) and refer to diagram as a guide. If you

fall between sizes, order the smaller size for a tighter fit or the larger size for a looser fit. For

sleeve length, measure from the center of the top of your back to your wrist.

XL

18

113

83.2

16

108

82.6

Using measuring tape, measure your body (not over clothing) and refer to diagram as a guide. If you

fall between sizes, order the smaller size for a tighter fit or the larger size for a looser fit. For

Utilize your chest, arm length and neck measurements to determine the proper size for tops,

sleeve length, measure from the center of the top of your back to your wrist.

XL

43.1-44.4

116.8-121.9

SMALL MEDIUM 10 6 8

92.7

78.7

95.3

79.4

90.2

77.5

FIT GUIDE



Utilize your chest measurement to determine the proper size for tops, outerwear or jumpsuits.

The columns in the Men's and Women's charts below line up to show corresponding sizes. Example: a Men's size 7 = Women's size 8.5 Columns with dashes indicate sizes or half sizes that 5.11 does not carry. **MEN'S US SIZE**

WOMEN'S US SIZE

MEN'S UK SIZE

MEN'S EU SIZE

WOMEN'S EU SIZE 36

SIZING INSTRUCTIONS

CM

CM

UNISEX FOOTWEAR CONVERSION

41 42 42.5

9.5

SIZE CHART

WOMEN'S UK SIZE 4.5 5 5.5 7.5

GLOVES SIZE GUIDE GLOVES SIZE CHART XL 2XL **UNISEX SIZE** UNISEX 127mm 78mm 90mm 103mm 114mm

BELTS SIZE GUIDE BELTS SIZE CHART XS **MEASUREMENT** 61cm - 66cm 71cm - 76cm

2XL

111cm - 116cm

XL

19.05cm - 19.68cm

59.69cm - 61.59cm

10.5+

11.5+

7.5-10

8.5-11

3XL

121cm - 127cm

4XL

132cm - 137cm

XL+

20.00cm

62.54cm

L/XL

9.5-13

10.5+

XL

101cm - 106cm

Measure across the palm of your hand from where your thumb and index meet.

HATS SIZE CHARTS A-FLEX SIZE ONE SIZE FITS MOST

MEASUREMENT

HATS SIZE GUIDE

SIZE

SIZE **HAT SIZE**

SOCKS SIZE GUIDE

S

<7

<8

S/M

5.0-9.0

6.5-10

18.41cm - 19.68cm

57.78cm - 58.73cm

91cm - 96cm

81cm - 86cm

17.78cm - 18.09cm

55.88cm - 59.37cm

Men's

Women's

SIZE **US SIZE**

SOCKS SIZE CHART

UK SIZE	Men's	<6	4.5-8.0	6.5-9	9.5+	8.5-13
	Women's	<6.5	5.0-9.0	7-9.5	10+	9.5+
EU SIZE	Men's	<40	37.5-43	40.5-45	44.5+	44-47
	Women's	<40	38-43	40.5-44	44+	44+

Patch and gift are automatically added to your cart when the subtotal reaches current thresholds, while supplies last.

Trustpilot

Size Charts Return Policy Warranty Shipping Info 5.11 Locations **Product Recall** Product Safety & Usage Information

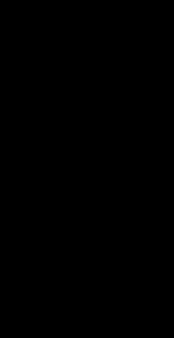
Cookie Consent

COMPANY INFO About 5.11 Inc. Corporate Locations Store Locator Vendor Code of Conduct Privacy, Security & Terms UK and EU Declaration of Conformity Product Reviews Sustainability Impressum

FREE COLLECTIBLE PATCH

on orders £125+

Current Patch of the Month



FREE SHIPPING

on orders €80+

ALWAYS BE READY innovators purposetechnical apparel, footwear, demanding missions.

© 2025 5.11, Inc. All rights reserved.

We

are global

who

make

built

and gear

for life's

most

Help Center Contact Us Order Status

CUSTOMER SERVICE

FOLLOW US

(<u>O</u>